

# Texas Girls Coaches Association

## 2021 EL PASO SPORTS CLINIC

\*Sponsored by The Texas Girls Coaches Association\*

Chapin High School

7000 Dyer St., El Paso, TX

**July 22, 2021**

**Cost of Attendance: \$80.00 (2021-22 Membership Card Included)**

Time	Event	No.	Site
<b>Thursday, July 22</b>			
7:00 - 8:30 am	<b>Registration for Coaches</b>		Foyer
8:30 - 9:20 am	<b>Session One</b>		
	Middle School Volleyball Lecture <i>Yesenia Alarcon-Ortega</i> <i>"Middle School Fundamental Drills"</i>	#1	Auxillary Gym
	Basketball Lecture <i>Chris Sumrall - Wellington High School</i> <i>"Lady Rocket Defense (Man)"</i>	#2	Main Gym
	Track Lecture <i>Trevor Taylor - Wagner High School</i>	#3	Stadium/Locker Room
	Soccer Lecture <i>Bailee Perrine - Dripping Springs High School</i> <i>"Off-Season Readiness"</i>	#4	Stadium/Locker Room
9:30 - 10:30 am	<b>Session Two</b>		
	Volleyball Lecture <i>Mike Moffitt - Amarillo High School</i> <i>"Off-Season/Position Ranking, Depth Charting, Individual Meeting Protocol"</i>	#5	Auxillary Gym
	Middle School Basketball Lecture <i>Jonathan Watters - Franklin High School</i> <i>"Chucking Three: Why I Live and Die by Shooting"</i>	#6	Main Gym
	Softball Lecture <i>Iyhia McMichael - Frisco Emerson High School</i> <i>"Developing the Whole Hitter: In-Season and Off-Season Hitting"</i>	#7	Softball Field
	Cross Country Lecture <i>Trevor Taylor - Wagner High School</i>	#8	Stadium/Locker Room

Time	Event	No.	Site
<b>Thursday, July 22</b>			
9:30 - 10:30 am	Cheerleading Lecture <i>Kim Buie - Varsity Spirit</i> <i>"Coaching with ROCKS: Respect, Organization Consistency, Kindness and Safety"</i>	#9	Library Room 149
10:00 - 11:00 am	<b>DEC Meetings</b> 1-6A 1-5A 2-5A 1-4A		D 161 D 159 D 160 D 158
10:40 - 11:30 am	<b>Session Three</b> Basketball Lecture <i>Chris Sumrall - Wellington High School</i> <i>"Lady Rocket Offense"</i> Softball Lecture <i>Iyhia McMichael - Frisco Emerson High School</i> <i>"Mental Training: Getting Inside the Mind of the Female Athlete"</i> Track Lecture <i>Trevor Taylor - Wagner High School</i> Soccer Lecture <i>Bailee Perrine - Dripping Springs High School</i> <i>"Finishing in the Final Third"</i> Cheerleading Lecture <i>Amy Stell</i> <i>"Building Blocks of a Successful Cheer Coach"</i>	#10 #11 #12 #13 #14	Main Gym Softball Field/Portable Stadium/Locker Room Stadium/Locker Room Library Room 149
11:00 a - 12:00 p	<b>UIL DEC Training</b>		Theater
11:30 a - 12:30 p	<b>Lunch</b>		
12:30 - 1:20 pm	<b>Session Four</b> Volleyball Lecture <i>Mike Moffitt - Amarillo High School</i> <i>"Redesigning Your Offense"</i> Middle School Soccer Lecture <i>John Gallegos - Chapin High School</i> <i>"Improving Build Up in Own Half"</i> Track Lecture <i>Mario Gomez - Chapin High School</i> <i>"Training for the 400 Sprint - Specific Endurance"</i> Cheerleading Lecture <i>Kim Buie - Varsity Spirit</i> <i>"UIL Updates"</i>	#15 #16 #17 #18	Auxiliary Gym Stadium/Locker Room Stadium/Locker Room Library Room 149
1:30 - 2:30 pm	<b>Session Five</b> <b>UIL CCP - Badges Must Be Scanned</b> <i>UIL Staff</i>	#19	Main Gym

Time	Event	No.	Site	
<b>Thursday, July 22</b>  2:40 - 3:20 pm	<b>Session Six</b> Volleyball Lecture	#20	Auxiliary Gym	
	<i>Mike Moffitt - Amarillo High School</i> <i>"Hybrid Blocking System (Defense)"</i>			
	Basketball Lecture <i>Chris Sumrall - Wellington High School</i> <i>"Pre-Season/Off-Season/Quick Hitters"</i>	#21	Main Gym	
	Softball Lecture <i>Iyhia McMichael - Frisco Emerson High School</i> <i>"Building a Complete Practice: Transferring the Skills to Game Day Play"</i>	#22	Softball Field/Portable	
	Soccer Lecture <i>Bailee Perrine - Dripping Springs High School</i> <i>"Get the Most From Your Warm-Up"</i>	#23	Stadium/Locker Room	
	3:30 - 4:20 pm	<b>Session Seven</b>	#24	Stadium/Locker Room
		Cross Country Lecture <i>Mario Gomez - Chapin High School</i> <i>"Training the Total Athlete"</i>		
		Middle School Volleyball Lecture <i>(Area Lecturer - MS)</i>	#25	Auxiliary Gym
		Middle School Basketball Lecture <i>Jonathan Watters - Franklin High School</i> <i>"It's Not Your Play Call; It's Your Footwor: How to Improve Skill Development Without Slowing Down Your Practices"</i>	#26	Main Gym
		Middle School Softball Lecture <i>Stefanie Quintero - Bowie High School</i> <i>"Vertical Alignment With Your Middle Schools"</i>	#27	Softball Field/Portable